



STANFORD UNIVERSITY
POSTDOCTORAL AFFAIRS

July 24, 2009

To: All Postdoctoral Scholars

From: Mona Hartmann
Benefits Manager
Office of Postdoctoral Affairs

Re: Changes in eligibility for Cardinal Care and Vaden Health Center

This is to advise you of several changes being made in eligibility for the Cardinal Care student health insurance program and the Vaden Health Center services offered by the University. These changes are being brought about as a result of rising costs and unprecedented financial challenges for the University.

Please read this correspondence carefully. Refer to the end of this letter for contact information.

Postdocs Will Not Be Charged Health Service Fee

Beginning on September 1, 2009, Stanford will charge all undergraduate and graduate students enrolled on the main campus a Campus Health Service Fee of \$167 per quarter. The fee will cover a variety of services at Vaden Health Center, including primary care medical visits, psychological evaluation and short-term therapy, and access to health and wellness programs, which were previously covered as a part of tuition. More information about the Campus Health Service Fee, can be found at <http://vaden.stanford.edu/fees/index.html>.

As a Postdoc, you will not be charged the Health Service Fee (unless you are also registered as a matriculated student at the University). Consequently, Postdocs will no longer have access without charge to medical and counseling services at Vaden Health Center.

If you choose to use Vaden for your medical or counseling needs, you will be required to pay on a fee-for-service basis for the services received. A schedule of services and applicable costs will be available in September.

Cardinal Care

Beginning on September 1, 2009, Postdocs will no longer be eligible to enroll in Cardinal Care.

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Special Message to Postdocs Currently Enrolled in Cardinal Care

If you are currently enrolled in Cardinal Care, you can elect to continue your Cardinal Care coverage uninterrupted after September 1, 2009 and you will continue to be eligible to use the medical services available at the Vaden Health Center. However, if you choose to continue to be enrolled in Cardinal Care, you must also pay the \$167 for the Campus Health Service Fee for each quarter that you are enrolled in Cardinal Care. You can enroll in Cardinal Care and pay the Campus Health Service Fee by contacting the Insurance and Referral Office at Vaden Health Center before September 1, 2009.

Alternatively you may choose to discontinue your Cardinal Care coverage and enroll in the Anthem HMO or PPO plans offered by the Office of Postdoctoral Affairs before our next Open Enrollment period in November 2009. Contact the Postdoc Benefits Office at postdoc.services@stanford.edu.

FAQs

1. Why is the University making these changes?

These changes are being brought about as a result of rising costs and unprecedented financial challenges for the University.

2. I am a Postdoc who has previously used the Vaden Health Center for urgent care. Can I still go to Vaden for medical care?

Yes. Vaden will still be available. However the medical services will not be free. You will be required to pay fee-for-service for the medical services obtained. A schedule of costs will be available in September.

3. I am enrolled in the Anthem Blue Cross HMO plan offered by the Office of Postdoctoral Affairs. If I go to Vaden for medical care, can I submit charges for reimbursement under the HMO plan?

No. In accordance with the HMO plan, all services are subject to medical necessity and must be performed or ordered by your Primary Care Physician or a Specialist to who you have been referred by your Primary Care Physician and/or Medical Group.

If you have questions regarding this correspondence, you may contact:

- Postdoc Benefits Office: postdoc.services@stanford.edu or (650) 724-5645 <http://postdocs.stanford.edu/benefits/>
- Insurance and Referral Office at Vaden Health Center: (650) 723-2135
<http://vaden.stanford.edu/insurance/index.html>