



STANFORD UNIVERSITY

Postdoctoral Scholars

Monthly Insurance Rates
Effective January 1, 2006

	Total Monthly Cost	Paid by Department	Your Cost
Medical – Blue Cross (CaliforniaCare) HMO			
Postdoc Only	\$336.61	\$336.61	\$0.00
Postdoc + Spouse/Domestic Partner	\$740.54	\$518.38	\$222.16
Postdoc + Child(ren)	\$605.90	\$424.13	\$181.77
Postdoc + Family	\$1,009.83	\$706.88	\$302.95
Medical – Blue Cross Prudent Buyer PPO			
Postdoc Only	\$371.62	\$336.61	\$35.01
Postdoc + Spouse/Domestic Partner	\$817.56	\$518.38	\$299.18
Postdoc + Child(ren)	\$668.91	\$424.13	\$244.78
Postdoc + Family	\$1,114.86	\$706.88	\$407.98
Dental - Delta Dental PPO			
Postdoc Only	\$24.52	\$24.52	\$0.00
Postdoc + Spouse/Domestic Partner	\$50.33	\$24.52	\$25.81
Postdoc + Child(ren)	\$48.45	\$24.52	\$23.93
Postdoc + Family	\$80.76	\$24.52	\$56.24
Vision - Vision Service Plan (VSP)			
Postdoc Only	\$7.08	\$7.08	\$0.00
Postdoc + Spouse/Domestic Partner	\$11.92	\$7.08	\$4.84
Postdoc + Child(ren)	\$12.20	\$7.08	\$5.12
Postdoc + Family	\$20.36	\$7.08	\$13.28
Disability, Life and Accident			
Short Term Disability	\$3.67	\$3.67	\$0.00
Long Term Disability	\$1.99	\$1.99	\$0.00
Life	\$1.10	\$1.10	\$0.00
Accidental Death & Dismemberment	\$0.40	\$0.40	\$0.00