

## What to do if a postdoc's official Stanford appointment has started and they need immediate medical care but they have not officially enrolled in postdoc health insurance.

### 1. If Postdoc Will Enroll in Stanford Healthcare Alliance (SHCA)

- The postdoc should get treatment at one of the options below and pay out of pocket (tell them to save the receipts). After enrollment is completed they can work with a Member Care Specialist with SHCA to get reimbursed

#### SHCA-affiliated care options:

**NOTE: IF POSTDOC IS EXPERIENCING A LIFE THREATENING EMERGENCY, CALL 911 (9-911 on campus) OR GO TO THE NEAREST HOSPITAL**

**Stanford Hospital Emergency Room** - after urgent care hours of operation

**Urgent Care - STANFORD EXPRESS CARE** (same- and next-day appointments for minor injuries and illnesses)

**650-736-5211**

*Hoover Pavilion, 211 Quarry Road, Suite 102, Palo Alto, CA*

*Mon – Fri 10 a.m. – 9 p.m.; Sat – Sun 9 a.m. – 5 p.m.*

[Find out more about the Express Care Clinic »](#)

**Other Regional SHCA Urgent Care or Hospital ER Options:**

<http://stanfordhealthcarealliance.org/findcare.html>

### 2. If Postdoc Will Enroll in Aetna Choice POS II

- The postdoc should get treatment at one of the options below and pay out of pocket (tell them to save the receipts). After enrollment is completed they can work with Aetna to get reimbursed

#### Aetna-affiliated care options:

**NOTE: IF POSTDOC IS EXPERIENCING A LIFE THREATENING EMERGENCY, CALL 911 (9-911 on campus) OR GO TO THE NEAREST HOSPITAL**

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**Other In-Network Urgent Care or Hospital ER Options:**

[http://www.aetna.com/dse/search?site\\_id=DirectLink&externalPlanCode=ACPMC|Aetna Open Access POS II](http://www.aetna.com/dse/search?site_id=DirectLink&externalPlanCode=ACPMC|Aetna Open Access POS II)